Tri-Insure Community Fitness Center

FITNESS FACILITY AGREEMENT-ADULT-COMMUNITY MEMBER

The purpose of this policy is to allow for the safe and efficient use of the fitness facility for Monticello community members and alumni. All adults are expected to have orientation before using the fitness facility.

- 1. I will use the equipment properly and not damage any equipment. If I discover any damaged equipment, I will report it to a Monticello school employee no later than the morning of the day following the discovery of the damaged equipment.
- 2. I understand there is no food or gum allowed in the fitness facility. Water is the only beverage that will be allowed in the weight room.
- 3. When I am finished working out I will check to be sure that no weights are left on the bars, that all weights and equipment have been properly re-racked, that all surfaces I came in contact with have been sanitized, and that the room is free of trash.
- 4. I will be respectful of student athletes use of the fitness facility.
- 5. I can expect reciprocal respect from student athletes.

Consequences of Inappropriate Use

The use of any district fitness facility is a privilege and not a right. Adults are expected to use the facility in accordance with the above procedures. Failure to use this facility in an appropriate manner will result in the cancellation of use or access to privileges as determined by the staff and administration of the Monticello School District.

"You should always consult your physician or other healthcare provider before changing your diet or starting an exercise program. I understand that there is a risk of injury associated with using the Tri-Insure Community Fitness Center.

I hereby assume full responsibility for any and all injuries, losses and damages as a result of inherent risk that I incur while exercising or using the equipment at the Tri-Insure Community Fitness Center. I recognize that there will not be and attendant on duty and I hereby waive all claims against the School District of Monticello and Tri-Insure Community Fitness Center, its instructors, or partners of individually or otherwise, for any and all injuries, claims or damages that I might incur."

Community Patron: I have read and understand the above agreement and agree to abide by Monticello School District's Fitness Facility Agreement.

Name:	
Signature:	Date: