

Tri-Insure Community Fitness Center

FITNESS FACILITY AGREEMENT- STUDENT

The purpose of this policy is to allow for the safe and efficient use of the weight room. All students are to be given instruction prior to being allowed to use any equipment. Only school district personnel (i.e. coaches, volunteer coaches and physical education teachers etc.) that have knowledge in the use of the equipment are to act as supervisors in the weight room.

1. I will be sure to use the equipment properly and do not damage any equipment. If I discover any damaged equipment, I will report it to the athletic director or an administrator no later than the morning of the day following the discovery of the damaged equipment. My program will be responsible for the repair or replacement of any equipment damaged by my students due to improper use of or abuse of the equipment.
2. I understand there is no food or gum in the weight room. Water is the only beverage that will be allowed in the weight room.
3. When I am finished working out I will check to be sure that no weights are left on the bars, that all weights and equipment have been properly re-racked, that all surfaces I came in contact with have been sanitized, and that the room is free of trash.

Consequences of Inappropriate Use

The use of any district fitness facility is a privilege and not a right. Students are expected to use the facility in accordance with the above procedures. Failure to use this facility in an appropriate manner will result in the following consequences, as determined by the staff and administration of the Monticello School District;

- Cancellation of student use or access privileges.
- Suspension from school.
- Expulsion from school.

Student: I have practiced and participated in the mandatory weight room orientation and agree to abide by Monticello School District's *Fitness Facility Agreement*.

Student Name: _____

Student's Signature: _____ Date: _____

Staff Training/Instructor/Coach Signature: _____

Parent: I understand and agree that my high school student may use the fitness facility during community hours and agree to abide by Monticello School District's *Fitness Facility Agreement*.

Parent Name: _____

Parent's Signature: _____ Date: _____