

COVID-19 is an infection that can spread easily from person to person, mainly through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Monticello Schools is implementing several procedures in an effort to reduce the spread of COVID-19 in our school including requiring face masks of all students and adults in our building, frequent hand hygiene, limiting the number of students together at a given time, and maintaining 6 feet distance between students and staff, whenever possible. Monticello Schools ask parent/guardians to please help us keep our school as safe and healthy as possible by doing the following:

1. Provide your child with a cloth face covering to wear while at school. All staff and students will be required to wear a face covering while in our building in the presence of others. If you cannot provide a face covering, school will have face coverings available. Please start helping your child get into the routine of wearing a cloth face covering and review the CDC's guidelines on wearing cloth face coverings - <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>
2. Encourage your child to practice frequent hand hygiene, washing hands with soap and water for 20 seconds especially after blowing their nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
3. Make plans for what your family will need to do to prepare ahead of time in the event of any school closure/virtual learning only weeks or if your child needs to be picked up or absent from school due to illness.
4. Prior to coming to our school building for any reason, please refer each time to our COVID-19 screening form. Please **DO NOT SEND YOUR CHILD TO SCHOOL if:**
 - Your child has tested positive for COVID-19 and is under the direction of public health and/or your healthcare provider to isolate.
 - Your child has been exposed to anyone who has tested positive for or is suspected to have COVID-19.
 - Your child has been directed by your healthcare provider and/ or public health to quarantine due to a COVID-19 exposure.
 - You are waiting for test results of a COVID-19 test.
 - Your child has **any** of the following in the past **72 hours (3 days)**:
 - Fever (Temperature >100.4 degrees) and/or chills **And have not taken any fever reducing medications like acetaminophen or ibuprofen
 - Cough
 - Shortness of breath
 - Fatigue
 - Sore throat
 - Body aches
 - Nasal congestion
 - Headache
 - Diarrhea
 - Nausea and/or vomiting
 - Loss of taste
 - Loss of smell

If your child is sick in any manner, please:

1. Do NOT send your child to school. Call our Pony Attendance line at 938-4194 to report any absence and the reason for the absence.
2. Contact your primary care provider for guidance.
3. Keep your child home from school for 72 hours (3 days) after the last sign/symptom of illness is gone unless providing a note from your primary care provider OK-ing return to school. If your child has had a fever at any point, they must be fever free (without any fever lower medication) also for 72 hours.
4. Any person diagnosed with COVID-19, must follow the direction of public health and/or their primary care provider to isolate for recommended days. A note from public health will be required by school to OK safe return to school.

If your child has had contact with someone with confirmed or suspected COVID-19, do NOT send your child to school.

Close contact is defined as

- Had direct physical contact with the person (for example, a hug, kiss, or handshake)
- Were within 6 feet of the person for more than 15 minutes
- Had contact with the person's respiratory secretions (for example, coughed or sneezed on; contact with a dirty tissue; shared a drinking glass, food, towels, or other personal items)
- Stayed overnight for at least one night in a household with the person

What to do if your child has had contact with someone with confirmed or suspected COVID-19?

1. Do NOT send your child to school. Call our Pony Attendance line at 938-4194 to report any absence and the reason for the absence.
2. Call your healthcare provider for guidance.
3. Any person directed by their healthcare provider or public health to quarantine due to being a close contact of a person with + COVID test must follow the directions of public health and/or their primary care provider to quarantine for the recommended amount of days. A note from public health will be required by school to OK safe return to school.

Can I come to school today?

If you can answer **NO to all questions, you are OK to come to school

If you answer **YES to any questions, **do NOT come to school** and please call your medical provider

1. **Have you been exposed to anyone who has tested positive for or is suspected to have COVID-19?**

2. **Have you had any of the following in the past 72 hours?....**
 - Fever (Temperature >100.4 degrees) and/or chills **And have not taken any fever reducing medications like acetaminophen or ibuprofen
 - Cough
 - Shortness of breath
 - Fatigue
 - Sore throat
 - Body aches
 - Nasal congestion
 - Headache
 - Diarrhea
 - Nausea and/or vomiting
 - Loss of taste
 - Loss of smell